



RYLA Core Curriculum



- **Ethics and Fundamentals of positive leadership**
- **The Four Way Test**
- **Importance of communication skills in effective leadership**
- **Problem-solving and conflict management**

- **Rotary's purpose and service to the community**
- **Building self confidence and self-esteem**
- **Elements of community and global citizenship**
- **High ropes**
- **Leadership Confidence Course**



Meeting the requirements of the Four-Way Test and not forgetting fun.



RYLA Curriculum



RYLA is an intensive training program for community youth leaders. Young people are chosen for their leadership potential to attend an all-expenses-paid workshop to discuss and put to use leadership and team skills. Every RYLA includes the following topics :

- **Fundamentals of leadership**
- **Ethics of positive leadership**
- **The Four Way Test**
- **Importance of communication skills in effective leadership**
- **Problem-solving and conflict management**
- **Rotary's purpose and service to the community**
- **Building self confidence and self-esteem**
- **Elements of community and global citizenship**

Delegates attending the RYLA seminars can expect to further develop their personal and leadership skills in

Communication Skills: Participants will have the opportunity to: - develop interpersonal skills - communicate, listen and write more effectively - engage in public speaking in a warm, supportive environment

Personal Qualities: Participants will be able to: - identify the various types of personality - learn how to help people get along with each other - manage their own time more effectively - avoid stressful situations - plan for healthier living

Leadership: Participants will learn: - characteristics of effective leaders - various styles of leadership – and observe effective leaders operating in a meeting situation

Problem Solving Strategies: Participants will be exposed to: - brainstorming and creative thinking - problem-solving and decision-making activities - use a problem-solving model in a practical situation