



Packing List 2007



Dates: Friday (January 12, 2007) to Monday (January 15, 2007)
Where: Chapel Rock in Prescott, Arizona
What to bring:

- Pillow
- Sheets
- Blanket } or Lightweight Sleeping
- Clothes for 4 days, three nights
 - Shorts – NO CUTOFFS
 - Pants
 - Shirts – NO TANK TOPS or SHIRTS WITH OFFENSIVE MATERIAL
 - Underclothes
 - Athletic socks
 - Jacket or Sweater
 - Swimsuit
 - Hat (recommended)

- Soap
- Shampoo
- Toothpaste
- Towel
- Wash Cloth
- Shower Shoes
- Personal hygiene products
- Sunscreen
- Shoes (one for getting wet and dirty during adventure training)
- Drinking Water Bottle
- Light jacket or sweater
- Alarm clock
- Flashlight
- Pen or pencils & notebook (furnished)
- Musical instrument & sheet music (optional)

Important Info:

- Participants must **not** bring a car to the workshop. Transportation to and from the workshop should be taken care of by your sponsoring Rotary Club.
- You must arrive between 10:00 am and 1:00 pm on Friday
- **NO CELLPHONES or PAGERS (They will be turned in or taken)**
- You will be expected to remain and attend all scheduled activities. If you leave you cannot return.
- All your necessary expenses are being paid by your sponsoring Rotary Club.
- If you play a musical instrument, please bring it with you
- Many of our activities are physical in nature and are outside, please bring sneakers.
- Due to the nature of our activities skirts and dresses are highly discouraged.
- The sleeping area has air conditioning.

What not to bring

- Knives**
- Tobacco or Alcohol Products**
- Nonprescription Drugs**
- Illegal Drugs**
- Pornography**