



EXCHANGE INFORMATION

Each year thousands of young people worldwide are given an opportunity to experience the cultures and accomplishments of people in other countries and share about our country.

During your exchange, you will grow considerably in self-confidence, tolerance and self-reliance. You'll also learn to accept greater responsibility in your everyday life. You will have to adapt to unfamiliar and different surroundings and ways of life that are different from home.

For some this will be the first extended period of separation from their family. This will bring about many trials and tribulations which you will need to overcome and by so doing develop many "survival skills".

"My youth exchange year was one of incredible change and growth for me. In addition to seeing so much of the rest of the world, and making such wonderful friends, I changed in ways I never knew were possible. Thank you Rotary for the best year of my life!"

To live away from home for the 40 weeks duration of the exchange is a demanding yet rewarding experience. It is not always smooth sailing and requires a great strength of character, tolerance and an understanding of the acceptance personal responsibility.

The exchange provides a unique opportunity for high school students to experience education and the many cultures of a different country, a new way of life and in most instances another language. Often, the friendships they make will be life-long and important in achieving the aims of the exchange - the building of goodwill and understanding between countries.

AS A ROTARY YOUTH EXCHANGE STUDENT YOU'LL HAVE AN OPPORTUNITY TO:

- Be a student ambassador for our country through presentations, service, etc.
- Grow in your personal self-confidence and maturity
- Develop a lifetime of international friendships
- Gain a greater understanding of many diverse cultures
- Develop new language skills
- Expand your base for future education and career goals
- Share your experiences with other high school students, Rotarians, friends and families while studying abroad and when you return to Arizona.